

Illinois State University
Master of Athletic Training Program
Technical Standards

The athletic training program at Illinois State University is rigorous and intense, requiring specific requirements and demands for the students enrolled. An objective of the program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the program establish the essential qualities considered necessary for students admitted to achieve the knowledge, skills, and competencies of an entry level athletic trainer, as well as meet the expectations of the program's accreditation agency, the Commission on Accreditation of Athletic Training Education (CAATE). The following abilities and expectations must be met by all students admitted to the program, with or without reasonable accommodations.

Motor Function

1. Sufficient postural and neuromuscular control/stamina, sensory function, and coordination to perform appropriate physical examinations using accepted techniques.
2. Accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to respond to a potentially catastrophic injury (e.g., in-line stabilization of cervical spine, airway management and treatment, and cardiopulmonary resuscitation).

Communication

1. The ability to understand and speak the language at a level consistent with competent professional practice.
2. The ability to communicate effectively and sensitively with patients, colleagues, and other health care professionals, including individuals from different cultural and social backgrounds (in verbal and written form).
3. The ability to record the physical examination results and treatment plan clearly and accurately.
4. The ability to establish rapport with patients and communicate judgments and treatment information effectively.
5. Read and interpret written work within the field (i.e. patient notes, journal articles) communicate in writing, and demonstrate computer literacy.

Intellectual Abilities

1. The capacity to assimilate, analyze, synthesize, integrate concepts, and problem solve to formulate assessment and therapeutic judgments, and to be able to distinguish deviations from the norm.

Behavioral and Social Attributes

1. The ethical behavior of a working professional both inside the classroom and during clinical education.
2. The appropriate affective skills, flexibility, and ability to adjust to changing situations and uncertainty in clinical situations, as well as the demeanor, and conduct that relate to professional education and quality patient care.
3. The ability to use sound judgement, develop professional relationships with patients.
4. The capacity to maintain composure and continue to function well during periods of stress and tolerate physically and mentally taxing workloads.
5. The perseverance, diligence, and commitment to complete the athletic training program as outlined and sequenced.

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As a student enrolled in the MAT program at Illinois State University, I understand these Technical Standards are required to be met, with or without a reasonable accommodation. A student who self-identifies with a disability can request reasonable accommodations that will not alter the fundamental requirements of the coursework/program or jeopardizing clinician/ patient safety. Students must request accommodations and present appropriate documentation to Student Access and Accommodation Services to determine eligibility. For more information please visit their website (<https://studentaccess.illinoisstate.edu/>) or call to schedule an appointment (309 438-5853).

I certify that I have read and understand the academic and technical standards listed above for the MAT program at Illinois State University and I believe to the best of my knowledge that I meet each of these standards with or without reasonable accommodations.

Printed Name

Signature

Date