Exercise Physiology Graduate Sequence
Illinois State University

Checklist for Graduation Requirements

Indicate semester taken on the line in front of each requirement.

Please note: This is a working document to allow students to keep track of their required coursework. This document does not take the place of the Plan of Study.

Coursework (33 credit hours)
Core
__________ KNR 497 Research Methods
__________ KNR 445 Statistics

Exercise Physiology Coursework (MUST take ALL 5 courses)
__________ KNR 415 Exercise and Cardiorespiratory Function (Even Spring)
__________ KNR 451 Advanced Theories of Physical Conditioning (Spring)
__________ KNR 454 Neuromuscular Aspects (Odd Spring)
__________ KNR 480 Body Composition (Fall)
__________ KNR 481 Work Metabolism (Fall)

Cognate Courses (3 if non-thesis, 2 if thesis)
__________ _________ Cognate Course
__________ _________ Cognate Course
__________ _________ Cognate Course (non-thesis option only)

Culminating Experience - Select One
__________ KNR 499 Thesis (6 hours)
   Topic:
   Thesis Chair:
   Thesis Committee Members:

__________ KNR 400 Independent Study (3 hours)
   Topic:
   Advisor:

Note: Checklist of requirements must be submitted to your academic advisor early in your final semester.

Note: You must submit your completed plan of study to the Graduate School within the first three weeks of the semester in which you plan to graduate. See the KNR graduate program Web page and/or your advisor for a blank Plan of Study form and further instructions.