

Physical Education Teacher Education Course Checklist

** DON'T FORGET PRE-REQUISITES**

In addition to the following major courses, you must complete the following requirements to graduate:

- Complete ISU General Education Requirements (Associate's of Arts/Science degree or I.A.I – transfer general education)
- Earn minimum of Cs in ALL your required major classes, a 2.5 cumulative and major ISU GPA.
- Earn at least 120 hours toward graduation
- Earn a minimum of 42 senior college hours (at the 200 level or above)
- Complete Global Studies Requirement

KINESIOLOGY CORE REQUIREMENTS = 7 courses/20 hours

✓	COURSE #	COURSE TITLE	CREDIT HOURS
	KNR 181	Human Anatomy & Physiology	3
	KNR 182	Human Anatomy & Physiology	3
	KNR 240	Principles & Applications of Fitness Training (KNR 181, 182) (conc. Reg. 280 req)	2
	KNR 254	Soc-Psy Perspectives Physical Activity	3
	KNR 257	Motor Learning & Performance	3
	KNR 280	Exercise Physiology (conc. Reg. 240 req) (KNR 181, 182)	3
	KNR 282	Biomechanics of Human Movement (KNR 181, PHY 105, or PHY 108)	3

MAJOR COURSES = 13 courses/35 hours

	KNR 156	Intro to PETE	2
	KNR 158	Instructional Strategies	3
	KNR 221	Teaching Elementary Physical Education (KNR 158, 225 245, 246)	3
	KNR 225	Motor Development (KNR 158) *	3
	KNR 242	Secondary Methods & Practices in PE (KNR 158, 221, 244, 247)**	3
	KNR 244	Teaching Team Sports (KNR 158, 225)	3
	KNR 245	Teaching Individual/Dual Sport and Activities (KNR 158)	3
	KNR 246	Teaching Dance, Tumbling/Gymnastic Forms (KNR 158)	2
	KNR 247	Promoting Physical Activity & Fitness in PE (KNR 158, 225)	3
	KNR 341	Assessment in PE (KNR 158, 221, 225, 242)	3
	KNR 364	Sr. Sem PE Teacher ED Instructor (conc. reg. with KNR 341)	3
	KNR 383	Adapted PE (KNR 158, 221, 225, 247)	3
	KNR 391	Creating Pos. Learning Env. (conc. STT req.)	1

Professional Education

	PSY 215/TCH 210	Educational Psychology (PSY 110) or Child Growth and Development	3
	TCH 212	Issues on Secondary Education	2
	TCH 216.08	Principles and Practices for Teaching and Learning in Secondary Schools **	3
	TCH 219	Integrating Multiple Literacies and Tech Across the Secondary Curriculum (TCH 216/216.16)	3
	EAF 228/231/235	Social or Historical Foundations or Intro to Philosophy of Education	3
		K-12 Student Teaching:	
	STT 399.74	Secondary Student Teaching Section 03/04	6
	STT 399.75	Elementary Student Teaching Section 01	6
		Recommended Electives:	
	TCH 233.01	Middle Level Education & The Young Adolescent (60+ hours)	3
	PSY 302	Development Psychology of Adolescence (PSY 110)	3

* Test of Academic Proficiency (TAP) **OR** ACT + Writing, 22 or higher

** Admitted to Professional Studies