

SCHOOL OF KINESIOLOGY AND RECREATION

Newsletter Volume 17, Fall 2013



ILLINOIS STATE
UNIVERSITY
Illinois' first public university



KNR study abroad

Get credit. Get culture. Get Lost.

Just one year ago the School of Kinesiology and Recreation (KNR) and the University of Limerick, Ireland, began a study abroad exchange program between their universities. What follows are reflections from KNR students who studied in Ireland, as well as the Irish students who spent a semester here at Illinois State University.

"It was a no-brainer," said Zach Walker, a physical education teacher education major from Northbrook. "Once I got an email offering the opportunity at Limerick, I only needed to make sure my graduation was not going to be delayed. I had dreamed of going abroad forever, and the experience was life-changing. I have three friends that are some of my best friends, and I

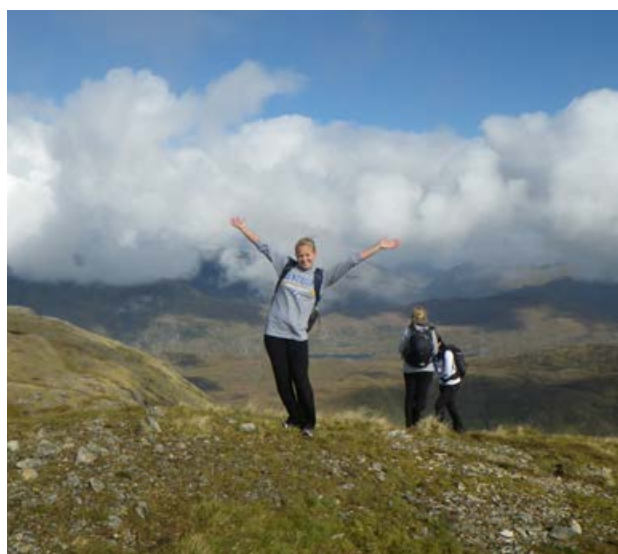
did not even know them six months ago. I also got to experience another culture, which was invaluable in my personal and professional development. Ireland and its people were truly amazing."

"I learned so much more in that one semester than I would have ever thought," said Michelle Byczynski, a physical education major from Orland Park who studied at Limerick. Professionally Byczynski learned how important it is to be adaptable, especially in teaching. She recommended study abroad at Limerick because "the campus is so pretty, the students and staff were so friendly, and the schooling was exceptional. Limerick will make you feel like you are at home!"

Continued on page 2



Illinois State student Zach Walker



Illinois State student Michelle Byczynski

Continued from page 1

“I am not afraid of going outside my comfort zone; I’m ready for whatever my future brings,” said Allison Lukaszewski, a physical education major from Mokena. What she got out of the experience was “a different perspective on physical education and the world itself.” She advised her peers, “Go! Meet new people, make new friends, experience a new culture, further your professionalism, see the world, and network. This may be your only chance to see another part of the world and live in a new culture.”



Illinois State student Allison Lukaszewski

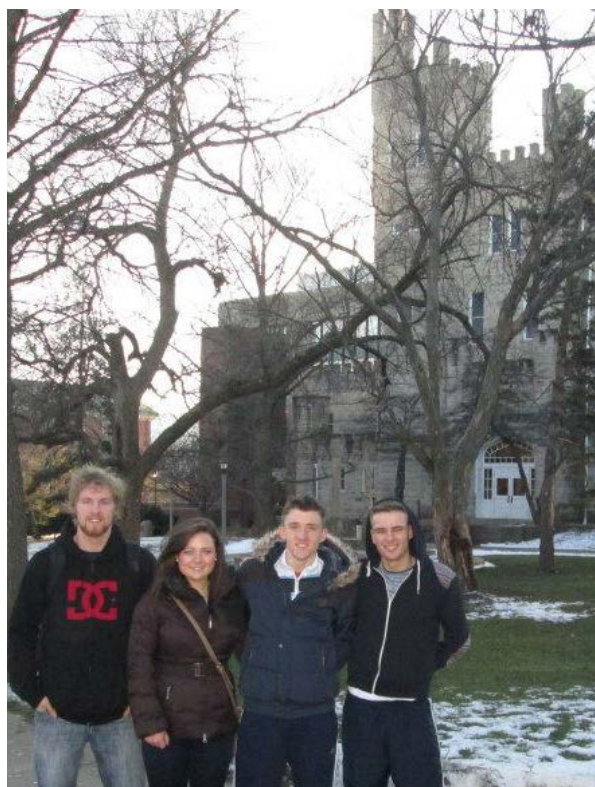
Kellie Yanek, an exercise science major from Streator, studied at the University of Limerick in order to see the world. Having never traveled outside the U.S., she not only learned how to live outside her comfort zone but learned to live in the moment. “I tend to worry and stress, but Ireland taught me to just breathe—it will be grand!” she said. Yanek advised those considering study abroad to “not waste any time thinking about what you left back home. It’s all about the now, the moment, and the new! Study abroad!”



Illinois State student Kellie Yanek

Edel Roche, a sport science major from County Waterford, Ireland, studied abroad here at Illinois State to experience something new and different. At Illinois State she became more educated about aspects of her career path. “The list is endless, what I have gotten out of this experience!” Roche said. “I have learned more about myself as a person and have met the most amazing people. I have definitely made friends for life and will never forget this absolutely awesome experience!”

Padraig Walsh is a sports and exercise science major from Kildimo, a rural village near Limerick. He “couldn’t turn down the opportunity to travel and experience college on the other side of the pond.” Walsh appreciated the welcome reception that KNR organized to help the Irish students have an easy transition to life at Illinois State. “The students were always friendly and invited us on trips,” he said.



Irish students Osin Geary, Edel Roche, Padraig Walsh, and Peter Tully outside Cook Hall.

Jordan Moreland, a physical education major from Peoria, studied at Limerick. “Studying abroad was on my bucket list for a long time,” Moreland said. “I am adventurous by nature and what is more adventurous than picking up and leaving everything

Point of pride

KNR faculty made 47 refereed presentations last year.

you know to learn, live, study, and socialize on a different continent?” Moreland said he took away a lot more from this experience than he ever thought possible. “Sure, I brought home trinkets, collectibles, and pictures, but what I also brought home is a new group of friends that will last a lifetime, knowledge that will help me progress in my road to becoming a professional, and experiences that will help guide me through my future career,” he said. “Study abroad is an opportunity to set yourself apart from your peers and colleagues in the professional world. As a non-traditional student, I never thought this experience would be possible. I thought wrong, and this should show that anything is possible!”



Illinois State student Jordan Moreland

Studying abroad at the University of Limerick allows students to take courses for credit at Illinois State University and can cost less than studying at Illinois State, allowing students to participate without delaying their graduation or increasing their costs. The University of Limerick is located in the Shannon region, which has spectacular landscape, heritage, leisure activities, and cultural pursuits. Currently the exchange is open to physical education and exercise science majors only. For more information, call KNR academic advisors at (309) 438-8661.

Recognition opportunities

There are numerous recognition opportunities and support levels available at the Student Fitness Center for alumni and friends of Illinois State University looking to create their own lasting legacy.

For more information

Heather Hartman
Illinois State University
 Development Office
 Campus Box 3060
 Normal, IL 61790-3060
 Phone: (309) 438-8184

Director's message

Welcome to the *School of Kinesiology and Recreation Newsletter*. I am the new director of the school, and I am extremely excited and honored to assume this role. As we begin to prepare for another school year and we start looking toward our future goals, we first need to assess what we have accomplished. As you will read throughout this newsletter, we had a very productive year! A successful program reaccreditation, hiring several new faculty, increasing our international student exchange program, and the opening of new services and student opportunities provided in our KNR laboratories are just a few of our achievements.



I hope you consider joining us for some of our alumni events that we will schedule throughout the year. Please check our website for more information as these events develop. As always, please join us for Homecoming, which will be held September 30–October 6, and be sure to visit the newly renovated Hancock Stadium!

We would like to thank Alan Lacy as he returns to his position as associate dean in the College of Applied Science and Technology. Lacy served as the interim director of KNR for the past two years and has continued to be a positive advocate for our school. We wish him the best of luck on the other side of campus. And finally, to all of our new graduates, we wish you the best with all your future endeavors!

Sincerely,
 Kevin Laudner
 Director, School of Kinesiology and Recreation

Point of pride

Noelle Selkow on a research trip to the University of Limerick



Program news

Athletic training (AT)

Athletic training had a busy year. After submitting our self-study report to the Commission on Accreditation of Athletic Training Education, we hosted several site visitors on campus in the fall. We anticipate receiving continuing accreditation status. We will address some programmatic changes in response to the accreditation process. In January, 28 new students were accepted into the program, and 10 were inducted into the Iota Tau Alpha Athletic Training Honor Society. Last fall, the Sports Medicine and Rehabilitation Therapy (SMART) Clinic, a new clinical site that we are particularly excited about, opened in the Athletic Training Laboratory. The SMART Clinic, under the direction of Justin Stanek, M.S.'06, Ed.D. '10, is a collaborative effort between the College of Applied Science and Technology, Student Health Services, Campus Recreation, and KNR. The Clinic won second place for the universitywide Team Excellence Award at the 2013 Founders Day Convocation.

Athletic Training Club/ Tau Alpha Honor Society

The Athletic Training Club and Iota Tau Alpha Honor Society were involved in numerous activities this year. We worked together with the other KNR clubs and placed second in the Homecoming float competition. We enjoyed "getting our groove on," decorating the float at the home of Assistant Professor Noelle Selkow! Students Chrissy Baumgart, Kathleen Hogan, Ken Jenkins, and Jonathan Mak competed in the Illinois Athletic Trainers' Association Quiz Bowl. They won at the state meeting and competed admirably at the Great Lakes Athletic Trainers' Association meeting. Other events included hosting a Red Cross blood drive to celebrate Athletic Training Month and having a booth at Family Science Day, an event meant to educate and inspire prekindergarten–eighth graders about the fields of science, technology, engineering, and mathematics. All involved enjoyed encouraging scientific discovery through hands-on activities, challenges, and demonstrations while providing participants the opportunity to learn about scientific careers from actual research scientists.



Blood Drive co-sponsored by AT honor society and Campus Recreation

Point of pride

ES faculty and graduate students at Vladimir State University undergoing a health and wellness check



Faculty updates

In the year ahead we will experience several transitions and shifts within our AT faculty. We wish Jeremy Hawkins well as he begins a position in the athletic training program at Colorado Mesa University. A valued colleague and professor, Hawkins will be missed by all! Kevin Laudner has assumed the role of director of the School of KNR, and we are excited to work with him in this new capacity. Noelle Selkow will be the new graduate athletic training sequence coordinator. Justin Stanek will be the AT program's interim director. Jeff Williams, M.S. '10, will assume the clinical coordinator duties. We look forward to conducting two faculty searches in the upcoming months.

Exercise science (ES)

The exercise science program had another successful year, with current enrollment staying at about 200 undergraduates and about 60 students completing their senior internship and graduating. We hope they will stay in touch as they move on with their profes-

SCHOOL OF
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AND RECREATION**
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Editor Barbara Schlatter

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sional lives. Places within the program remain very competitive, with the average GPA of the 40 students admitted through internal transfer at a remarkable 3.60. The biggest news for the program this year was the University's approval of a new curriculum, to be introduced in fall 2014.

ES and physical education teacher education (PETE) faculty and School of KNR students hosted 67 youngsters age 4 and 5 and their parents March 1 for a physical activity field trip. PETE faculty Mary Henninger and Skip Williams and PETE student-volunteers coordinated and implemented skill development and fun fitness activities, including throwing, kicking, balancing, and obstacle course activities in the instructional gym. ES faculty Dan Dodd and Kristen Lagally, along with ES student-volunteers, created activities designed to teach children to identify exercises that improve heart, muscle, and bone health, and identified sedentary activities that are detrimental to the body. The event was organized at the request of teachers from Noah's Ark Preschool in Bloomington, who wanted to incorporate a field trip at the end of February, which is healthy heart month.



Physical activity field trip

Exercise Science Club

The Exercise Science Club had an active year. The club's nearly 100 members helped build the KNR Homecoming float, participated in the Homecoming Parade, and hosted a paintball outing for club members, among other social activities. Professionally, the club hosted several speakers who discussed exercise science-related career options, including

Point of pride
 Recreation and park administration turns 40 this year!

physical therapy and the fitness industry. The club also hosted speakers from within the department. The annual Chicago trip continued to be a big hit! Almost 30 students visited Life Fitness, an exercise machine manufacturer; the Bulls/Sox Academy where KNR alum Mark Crabtree, M.S. '97, is the director of sports performance; and Lindenhurst Health and Fitness Center. The exercise science club is always looking for speakers and professional sites to visit, especially those where our alumni work. Let us know if you are interested in coming back for a visit or if we can visit your professional organization. Search Exercise Science Club-Illinois State University to connect with us on Facebook!

Curriculum news

For the coming year, our biggest task will be to prepare for the implementation of our new curriculum. There are several new or revised courses to fit into the schedule, and we are looking forward to the opportunity to continue to enhance our program content. We are also continuing with our study abroad exchange for a few lucky ES students who will visit the University of Limerick in Ireland for a full semester in spring 2014.

Physical education teacher education (PETE)

PETE faculty and students were actively engaged in teaching and learning, scholarship, and service this year. PETE majors Allison Lukaszewski, Jordan Moreland, Michelle Bycznski, and Zach Walker studied abroad at the University of Limerick (UL), in Ireland, and plan to deliver a presentation about their experiences in November at the Illinois Association of Health, Physical Education, Recreation, and Dance (IAHPERD) Convention. Two more PETE students will study at UL this fall. The PETE program successfully completed accreditation. We remain one of the

Vision statement
 A society living well through active lifestyles and healthy use of sport and leisure.

Mission statement
 The School of Kinesiology and Recreation provides nationally acclaimed programs that promote physically active lifestyles and a healthy use of sport and leisure through exemplary teaching, scholarship, and service.

Point of pride

Sandra Klitzing, 2013 College Outstanding Service Award

elite schools in the state in terms of preparing quality physical educators! Faculty and students engaged in service activities, including World Wide Day of Play, Pre-school Fun Physical Activity and Fitness Day, and Shape of Illinois. In the area of scholarship, faculty and students made presentations for the National Association of Sport and Physical Education Conference; IAHPERD; and the American Alliance of Health, Physical Education, Recreation, and Dance.

Physical Education Teacher Education Club

Fall semester PETE club officers—President Jessica Andricopulos, Vice President Steve Gombos, Secretary Karyn Regner, and Treasurer Seth Parker—organized float building for Homecoming and Battle of the Blubs, a time-honored event where the club once again held on to the traveling trophy. A highlight last fall was a Skype session with the study abroad students in Ireland. Students attended the IAHPERD Convention and cheered on their classmates in the Superstars and Jeopardy competitions. Spring semester officers—President Steve Banda, Vice President



PETE World Wide Day of Play volunteers

Brennan Jadin, Secretary Emilia Greve, and Treasurer Garrett Englund—sponsored a bowling clinic led by guest speaker Bob Daman. Student teachers Sarah Grisko and Brett Lettieri shared experiences from their schools with members. IAHPERD's leadership weekend at Starved Rock and Shape Up Illinois in Springfield afforded members invaluable networking experiences. Members helped with the College Mentor for Kids program by presenting career information, leading participants through an obstacle course, and teaching them several high energy dances.

Coming year

In the year ahead we will host students from the University of Limerick as we continue to foster the relationship between KNR and UL. In addition, Deb Garrahy will assume the directorship of the Cecilia J. Lauby Teacher Education Center in the College of Education this summer. We wish her well and appreciate that she will continue to teach a class for us each year. The PETE faculty will also implement the new federally mandated Teacher Performance Assessment (TPA) with all student teachers. Beginning in fall 2015, all teacher candidates in the state of Illinois must successfully complete the TPA process to graduate with a degree in education and earn teacher certification. Faculty will continue their scholarly pursuits through the initiation of independent studies with undergraduate and graduate PETE majors and presentations at the American Alliance of Health, Physical Education, Recreation, and Dance, as well as the undergraduate and graduate research symposia.

Recreation and park administration program (RPA)

RPA had another great year in 2012–2013. Sixteen students were inducted into the Rho Phi Lambda honors fraternity, and two alumni—Dawn Sanner, M.S. '87, executive director of the Student Fitness Center and Campus Recreation at Illinois State University; and Lindsey Nicholson, M.S. '07, instructional assistant professor in the RPA program—were inducted as honorary members. During the annual Illinois Parks and Recreation Association Conference in January, we recognized Nancy Niebur-Parente, M.S. '90, who retired from our program in August. She will be long remembered for her efforts serving as our internship coordinator and helping students connect with practitioners. The RPA program instituted its first student professional development symposium during the spring semester, with nearly 20 alumni working



RPA students at Starved Rock

Point of pride

KNR faculty were awarded 13 grants totaling \$139,953 last year.

Point of pride

KNR faculty 38 refereed journal articles in the last year.

in the field of leisure services returning to campus to participate. The event was a huge success and we look forward to hosting this event annually.

Parks and Recreation Society

Parks and Recreation Society (PARS) members volunteered for the Haunted Trail, Illinois High School Association state tournaments, and the Easter egg hunt. They also helped plan and staff the Festival of Trees. More than 20 students attended the Illinois Parks and Recreation Conference (IPRA) in Chicago in order to volunteer, network, and attend educational sessions. Several members raised money and participated in the Relay for Life in April. Club members attended the Bloomington Blaze hockey game for a social outing.

Being a part of the Parks and Recreation Society at Illinois State University is a great way for students to get involved in the parks and recreation field before becoming professionals. Developing friendships and learning about the profession are two goals of PARS. It was a great year! Search PARS to connect with us on Facebook!

Curriculum/Faculty news

In the year ahead we plan to make several curricular changes for accreditation purposes. We also look forward to welcoming and working with two new faculty members, Tracy Mainieri and Katherine Broughton, M.S. '05! Also, Lindsey Nicholson, M.S. '07, will become the new professional practice coordinator.

Active for Life program

The Active for Life program provides outstanding teaching of academic and practical skills and fitness-building activity classes for the University community. We offer more than 100 sections of 20 different activity classes, including recreational classes such as golf, fitness-based classes such as personal fitness, and lifesaving skill classes such as first aid. Almost 5,000 students enroll in these activity classes each year, all of which are taught by School of Kinesiology and Recreation graduate teaching assistants. We are fortunate to have highly qualified and skilled graduate assistants who can teach in a variety of sports and fitness-based activities.

Major accomplishments during this past year included course syllabi revisions to ensure delivery of current content and practice. We collaborated with the exercise physiology laboratory in providing Polar TriFit health and fitness data to all of our KNR 113: Personal Fitness students. All students enrolled in the class received a comprehensive profile that provided information on their individual health and wellness behaviors, biometrics, and fitness data, along with recommendations on how to maintain or achieve healthy results.

KNR graduate program

The KNR graduate program has enjoyed healthy enrollment, defying the general trends across the country. We currently have 117 graduate students, up

Faculty/Emeriti news

New appointments

Mauro Andre, assistant professor in physical education teacher education

Katherine Broughton, instructional assistant professor in recreation and park administration

Jody Brucker, instructional assistant professor in athletic training

Dan Dodd, exercise physiology laboratory coordinator

Deb Garrahy, director, Cecilia J. Lauby Teacher Education Center, College of Education

Kevin Laudner, professor and school director

Tracy Mainieri, assistant professor in recreation and park administration

Retirement

Nancy Niebur-Parente, instructional assistant professor



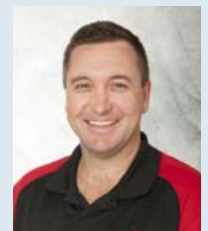
Mauro Andre



Katherine Broughton



Jody Brucker



Dan Dodd



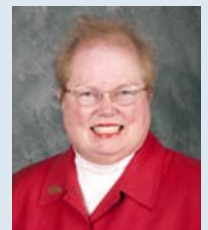
Deb Garrahy



Kevin Laudner



Tracy Mainieri



Nancy Niebur-Parente

from 94 in 2009. Ninety-three of these students hold assistantships with entities including Redbird Athletics, Illinois Wesleyan University Athletics, and Campus Recreation, and at athletic training sites such as Normal Community and Bloomington High schools. Others hold teaching assistantships with the Active for Life program. Here are some highlights from the program sequences:

Athletic training

The graduate athletic training education program continues to evolve in an effort to provide our students with the most up-to-date education and clinical experiences. We have increased our enrollments, as well as the number of graduate assistant sites, which now includes Illinois State University cheerleading, the SMART clinic, the Neuro Ortho Rehab Center, and Back to Health. We have two international students, as well as students from across the U.S., providing diversity in the clinical background of our program. Our graduating students are interviewing for positions, and we wish them well in their future endeavors! Finally, Noelle Selkow will be the new graduate program director beginning this fall. Selkow brings extensive clinical experience and knowledge that will benefit the students both inside and outside the classroom.

Exercise physiology

In 2012 we added two new courses to the curriculum: Lifecourse Exercise Physiology and Physical Activity Epidemiology. Lifecourse Exercise Physiology provides knowledge of how the physiology of special populations—children, older adults, pregnant women—differs from that of young adults during exercise so that students will be prepared to do research and develop exercise programs as leaders in the field. Physical Activity Epidemiology introduces the concepts of epidemiology and epidemiological methods, which are becoming increasingly important with the rise in cardiovascular disease, diabetes, obesity, and osteoporosis. These new courses will be offered within the next two years.

Psychology of sport and physical activity

Our students continue to be active in research and professional practice activities. Zach Walrod, M.S. '13, recently accepted a strength and conditioning position with the Minnesota Twins-Gulf Coast League. Brooke Carlson, M.S. '13, applied mental skills training as a sports performance coach intern with Performance Edge of Virginia. Shannon O'Hara '11, M.S. '13, pre-

Point of pride

KNR faculty wrote 35 refereed abstracts last year.

sented her thesis proposal on exercise and self-objectification at the Midwest Sport and Exercise Psychology Symposium at Hope College. Recent graduate Doris Matosic, M.S. '12, will pursue her Ph.D. at the University of Birmingham in England!

Sport management

Sport management students began the year with an industry immersion trip to meet executives from the St. Louis Sports Commission, Fox Sports Midwest, and the St. Louis Blues, among others. The student-organized Sport Management Symposium drew more than 250 attendees to hear industry leaders including those from the Orlando Magic, Chicago Blackhawks, Chicago Cubs, and University of Illinois. Students raised thousands of dollars for the Miracle League of Central Illinois through its third annual golf scramble. Eighty-three percent of the 2012 class landed full-time

KNR events

10th Annual KNR Kickoff

4:30-5:30 p.m.
Thursday, September 5, 2013
Instructional Gym, 252 McCormick Hall

KNR Esther Larson McGinnis Scholar Lecture—Irene Davis

6:30 p.m. (reception) and 7 p.m. (lecture)
Wednesday, October 23, 2013
Prairie Room, Bone Student Center

KNR Social at the IAHPERD Conference

6:30-8 p.m.
Thursday, November 21, 2013
Pheasant Run Resort, St. Charles

Recreation and Park Administration Alumni and Friends Social

6:30-8 p.m.
Friday, January 24, 2014
Hyatt Regency Chicago

KNR Esther Larson McGinnis Academic Achievement and Service Awards Ceremony

5 p.m.
Friday, April 11, 2014
118 Illinois State University Alumni Center, Normal

Point of pride

Kelly Laurson, 2013 College Research Initiative Award

Point of pride

KNR graduate students complete coach's training for Girls in the Game, a nonprofit agency promoting sport, fitness, nutrition, health, and leadership for girls.



positions in the sport industry within nine months of graduating, while several from the 2013 class have already secured sport industry positions!

Recreation administration

The recreation administration program welcomed nine new students with interests in a variety of areas. Students have been active researchers and have participated in a variety of conferences. Kelly Ator attended the National Intramural Recreational Sports (NIRSA) Conference in Las Vegas, where she presented research and was awarded the Matrix Corporate Partner Scholarship. Kirk Fallon was recognized by NIRSA as a Foundation Scholar. Six recreation administration students graduated this past academic year.

Feedback welcome

In the upcoming year, the KNR graduate program will continue to recruit and secure high quality students. We are also in the process of developing a system to track graduates, so please keep your faculty up to date on your career! As always, your reflections on the KNR graduate program are welcome. Please send them to Amy Hurd at arhurd@IllinoisState.edu.

CAST Hall of Fame

Representing the School of Kinesiology and Recreation as CAST's Hall of Fame inductee this year was Stan Shingles '82, M.S. '88, a graduate of the recreation and park administration program.

Shingles has worked in collegiate recreation for 25 years and previously worked five years in community recreation. He is the assistant vice president for recreation, events, and conferences at Central Michigan University (CMU). At CMU he has also held positions as director, associate director, and assistant director of university recreation, and served as the

interim assistant vice president for institutional diversity. Previously, Shingles worked in campus recreation at Northern Illinois University and Illinois State University. He is a National Intramural-Recreational Sports Association (NIRSA)-certified recreational sports specialist, a NIRSA Registry of Collegiate Recreational Sports Professional member, and a graduate of the NIRSA School of Recreational Sports Management and the Executive Institute. He has been a member of the NIRSA board of directors, NIRSA Foundation board of directors, and NIRSA Services Corporation board of directors; vice president of NIRSA Region 3; member of the board of directors and faculty of the NIRSA School of Recreational Sports Management; the state director for the Michigan Intramural Recreational Sports Association; and president of the Mid-American Conference Recreation Directors Association. Shingles has received many awards, including the NIRSA Region 3 Award of Merit; NIRSA Horace J. Moody Student Development Award; NIRSA Outstanding Member Award; NIRSA Founders Outstanding Service Award; NIRSA People of Color Distinguished Service Award; United States Tennis Association Tennis Ace Award; the CMU Recreation, Parks and, Leisure Services Distinguished Service Award; CMU's Service Excellence Award; and CMU's Affirmative Action Award.

Congratulations, Stan, for achieving this wonderful Illinois State University honor!



Stan Shingles

CAST Academy of Achievement

Representing KNR as the CAST Academy of Achievement inductee this year was Allan Van Every '94. As a KNR undergraduate student, Van Every received the Athletic Training Distinguished Senior Award and was a finalist for the Illinois State University Physical Education Major of the Year Award. After successful completion of the athletic training boards, he interned with the Chicago Bears during the football team's minicamps and training camp, and was invited to return for several regular season home games. Upon his graduation in 1994, Van Every accepted a position with Athletico Physical Therapy Centers in Chicago. He was the head athletic trainer for the Latin School of Chicago and the Chicago Griffins Rugby Club. In 1995 he was promoted to the manager of athletic training services and oversaw athletic training services for all city affiliations including colleges, high schools, rugby clubs, and the Chicago sport and social clubs. From 1998–2003 he was the facility manager for

Continued on page 11

2013 Esther Larson McGinnis Academic Achievement and Service Awards

Individual awards

Howard Hancock Athletic Achievement Award	Corey Maines
Clifford E. Horton Scholarship Award	Jenna Bossle and Kristin Stauter
Ellen Abshire Recreation and Park Administration and Service Award	Brian O'Malley
Patricia B. Malik Spirit Award	Molly Cinker
Trent R. Richards Scholarship	Stephanie Keene
Darlene A. Kluka Scholarship	Kaitlin Ried
Rene Revis Shingles Service Award	Daniel Villalba
Betty J. Keough Honorary Teacher Education Scholarship Award	Becky Anderson and Sarah Grisko
Betty J. Keough Junior Academic Achievement Award in Physical Education/Teacher Education	Heather Misbet
Graduate Assistant Teaching Award	Shannon O'Hara
Jorndt Student/Faculty Research Award	Doris Matosic
Faculty Mentor	Anne Cox
L. Marlene Mawson Graduate Research Potential Scholarship	Shannon O'Hara
Joyce Morton Kief Future Professional Award	Nicole LaPrairie
Kathy Schniedwind Athletic Training Scholarship	Kelly Boyce
Robert D. Liverman Graduate Student Research Award	Jillian Baranas Joey Lee Natalie Micinski
Mary Alice Behling Women's Scholarship	Natalie Hooker
Judith Sanken Rothermal Scholarship	Patrick Pendergast

Professional Development Awards

Athletic Training	Sarah Schodrof
Exercise Science	Taylor Panfil
Physical Education Teacher Education	Jessica Andricopulos
Recreation and Park Administration	Katelin Sheppard

McGinnis Distinguished Seniors

Athletic Training	Kathleen Hogan
Exercise Science	Maria Canino
Physical Education Teacher Education	Nolan Grace Patrick Pommier
Recreation and Park Administration	Katelin Sheppard

Other recognition

Kinesiology and Recreation students graduating with Honors

Austin Eichelberger
Jennifer Ewan
Adam Fielder
Nichelle Harrison
Spencer Knapp
Taylor Panfil
Colin Penn
Claire Troyer

Undergraduate Research Symposium participants

Jessica Andricopulos
Mallery Boczek
Brienne Bohman
Jamie Garrell
Elena Granados
Kathleen Hogan
Kimberlee Lucchesi
Andrienne Ryba
Sarah Schodrof
Marianna Stocco
Alex Wolfe
Allison Wright
Kelly Zook

Graduate Research Symposium participants

Kelly Ator
Jillian Barnas
Joseph Berg
Shannen Falconer
Ashley Gutierrez
Joey Lee
Jeff Mathis
Annie McGee
Natalie Micinski
Lydia Morgan
Shannon O'Hara
Jenna Werking



2013 KNR award recipients

Continued from page 9

Athletico's LaGrange Park facility. In 2003 he helped develop a regional management position for Athletico and now oversees nine Athletico physical therapy



Allan Van Every

facilities in the west and south suburbs of Chicago. In addition to being a regional manager for Athletico, Van Every has provided athletic training coverage to CART open-wheel motor racing and the Professional Bull Riders rodeo in the Chicago and Rockford areas.

Van Every lives in the northern suburbs of Chicago with his wife, Michelle (Bauer) '94, and their three

children, Leo, Ian, and Ava. The Van Everys are avid sports fans and follow all of the Chicago sports teams. Congratulations, Allan, on this wonderful accomplishment!

Check us out online!

School of Kinesiology and Recreation website
kinrec.IllinoisState.edu

Illinois State University athletic training
Facebook.com/Groups/68083051917/

Illinois State University Recreation and
Park Administration alumni
Facebook.com/Groups/133365036150/

PARS (Parks and Recreation Society)
Facebook.com/Groups/52585822658/members

Yes, my gift matters.

GIFT DESIGNATION

(5125239) SCHOOL OF KINESIOLOGY AND RECREATION

PAYMENT OPTIONS

___ **OPTION 1:** Check. A check for my gift of \$_____ payable to Illinois State University Foundation is enclosed.

___ **OPTION 2:** Credit Card:

VISA MASTERCARD DISCOVER AMERICAN EXPRESS

A single gift in the amount of \$_____

A recurring gift in the amount of \$_____,

ending on ____/____/____ (month/day/year),

to be paid: monthly quarterly semiannually annually

Name on card

Account number

Expiration date

Signature

___ **OPTION 3:** Make a gift online at IllinoisState.edu/Giving.

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University ID (if known)

Address

City

State

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Preferred email address

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mobile

home

Preferred phone number

FURTHER GIVING INFORMATION

___ I (and/or my spouse/partner) work for a matching gift company:

___ I would like more information on including Illinois State University in my estate plans.

___ I have already included the University in my estate plans.

Office use only: AG00000000 2014001512 43

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Tell us what you're up to!

Name (maiden, if applicable)	Major	Year(s) of graduation
Mailing address		
City ()	State	Zip
Phone	Email	
Employer	Position	
What have you been up to?		

Return to Illinois State University
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Normal, IL 61790-5120

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